

**1** **Choose from...**

Meat or Fish option

OR

Vegetarian option

OR

Jacket Potato

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

**MONDAY**

Sweet & Sour Turkey

OR

Quorn Frittata

OR

**TUESDAY**

Beef Bolognese

OR

Red Lentil & Cheese  
Enchiladas

OR

**WEDNESDAY**

Roast Chicken with  
Stuffing

OR

Quorn Fillet

OR

**THURSDAY**

Sausage Pasta Bake

OR

Lentil Ragù

OR

**FRIDAY**

Cod in Batter

OR

Big Beans Chili

OR



**To go with**

Vegetables / Salad



**2**

Green Beans

Broccoli

Side Salad

Brussel Sprouts

Carrots

Carrots

Sweetcorn

Baked Beans

Peas



**3**

**Then add**

Mixed Rice

Spaghetti

Roast Potatoes

Homemade Garlic Bread

Chips



**...and to finish!**

Choose from a tasty  
selection of Puddings



**4**

Sticky Pear and  
Chocolate Pudding  
and Chocolate Sauce

OR

Apple & Minced  
Strudel  
and Custard

OR

Toffee/strawberry  
Yoghurt Ice Cream

OR

Vanilla Rice Pudding

OR

Chocolate Malt  
Brownies

OR

Bread and Salad will be  
available at Lunch Times

**1** Choose from...

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OR

Vegetarian option

OR

Jacket Potato



**2** To go with  
Vegetables / Salad



**3** Then add



**4** ...and to finish!  
Choose from a tasty  
selection of Puddings



Bread and Salad will be  
available at Lunch Times

**MONDAY**

Chicken Baki

OR

Tikka Mince Wraps

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Sweetcorn

Carrots

Naan Bread

OR

Tortilla

Apple & Banana Crisp

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

**TUESDAY**

Beef & Chickpea Stew

OR

Baked Bean Goulash

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Broccoli

Cauliflower

Mashed Potato

OR

Mixed Pasta

Chocolate & Banana  
Cake  
and Chocolate Sauce

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

**WEDNESDAY**

Roast Turkey with  
Stuffing

OR

Quorn Fillet

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Carrots

Cabbage

Roast Potatoes

Honey Flapjack

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

**THURSDAY**

Chicken and  
Sweetcorn Pie

OR

Carrot & Tofu Dhal

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Green Beans

Sweetcorn

New Potatoes

OR

Mixed Rice

Blackberry Sponge  
and Custard

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts

**FRIDAY**

Cod in Batter

OR

Cheese and Sweetcorn  
Flan

OR

Salmon & Tomato,  
Grated Cheese,  
Tuna & Sweetcorn,  
Baked Beans, Coleslaw

Baked Beans

Peas

Chips

Chocolate Mousse

OR

Cheese & Biscuits  
Fresh Fruit & Yogurts



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Jacket Potato



**2** To go with Vegetables / Salad



**3** Then add



**4** ...and to finish!

Choose from a tasty selection of Puddings



Bread and Salad will be available at Lunch Times

**MONDAY**

Apricot & Lamb Stew

OR

Quorn Filled Panini

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Green Beans

Carrots

Mashed Potato

Apple Crumble and Custard

OR

Cheese & Biscuits Fresh Fruit & Yogurts

**TUESDAY**

Cajun Chicken Jambalaya

OR

Sweet Potato & Lentil Tagine

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Broccoli

Cauliflower

Mixed Rice

Chocolate Oat Cake and Custard

OR

Cheese & Biscuits Fresh Fruit & Yogurts

**WEDNESDAY**

Roast Beef & Yorkshire Pudding

OR

Quorn Filler

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Mixed Veg

Cabbage

Roast Potatoes

Apricot Slice

OR

Cheese & Biscuits Fresh Fruit & Yogurts

**THURSDAY**

Turkey Chilli Tacos

OR

Pasta & Bean Casserole

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Broccoli

Sweetcorn

Mixed Rice

OR

Mixed Pasta

Clementine Cake and Vanilla Sauce

OR

Cheese & Biscuits Fresh Fruit & Yogurts

**FRIDAY**

Cod in Batter

OR

Pizza

OR

Salmon & Tomato, Grated Cheese, Tuna & Sweetcorn, Baked Beans, Coleslaw

Baked Beans

Peas

Chips

Pumpkin Cheesecake

OR

Cheese & Biscuits Fresh Fruit & Yogurts